


# SPA

## Treatments and rituals

A woman with her hair in a bun is relaxing in a hot tub, looking out a large window. Another woman is visible in the background, also in the hot tub. The scene is bright and airy, suggesting a high-end spa environment.

La  
collada  
Hotel&Spa

A person is lying on their back in a pool of water, looking up with their eyes closed. The water is dark blue, and the person's face is the central focus. The text is overlaid on the image in a white, italicized font.

*My being, my heart,  
and my hands, connected to bring  
you towards peace.*

# Massages and rituals

## Partial massage

Relaxing massage of the entire back area (25min) ..... 40€

## Aromatic relaxing massage

A massage that works the entire body, bringing you to a state of physical and mental relaxation. (50min) ..... 60€

## Therapeutic massage

Deep massage, aimed at eliminating the tensions that accumulate in the musculature (50min) ..... 70€

## Journey to the East

Massage with bamboo canes with draining, relaxing and decontracting effect. Reduces cellulite and firms the skin (60min) ..... 85€

## By the light of a candle

Massage candle that, due to its combination of oils enriched with vitamin E, also achieves a deep physical and mental relaxation that favors blood circulation (60min) .... 85€

## Dreaming under the snow

Relax body and mind with a Vichy shower massage (multiple showers that act simultaneously from feet to head) sedative and decontracting effect (45min) ..... 60€

## Dawn in the mountains

Basalt stones increase cellular metabolism and lymphatic function, which elevates detoxification. Muscle relaxation helps relieve stress and tension (80min) ..... 110€

# Body Treatments

## Body Scrub

Body scrub made with exotic seeds with captivating aromas (25min) ..... **40€**

## Magic India

Body scrub and back massage (50min)..... **60€**

## Mountain Breeze

Body scrub and detoxifying and remineralizing wrap (60min) ..... **85€**

## Gold, luxury on your skin

Scrub, wrap, and massage. Maximum glamour and sophistication in a revitalizing and anti-aging body therapy. (80min) ..... **110€**



# Facial Rituals

## To give luminosity with Vitamin C

For dull and devitalized skin, to bring luminosity to the skin. (50min) ..... 65€

## Bulgarian Rose

Anti-aging care that provides elasticity to the skin, specially created for the first wrinkles. (50min) ..... 65€

## Aurum Ritual - Microactive Gold

Provides luminosity and protects the neuro-cutaneous system to improve the effects of stress, nourishing and revitalizing the skin. (55min) ..... 75€

## Bulgarian Rose Facial Ritual + Foot Massage

(80min) ..... 75€



# Complementary Treatments

## Pressotherapy

Mechanical lymphatic drainage that stimulates circulation and eliminates fluid retention (20min) . . . . . **25€**

## Parafango

Hot volcanic mud, helps to eliminate muscle pain. (20min) . . . . . **25€**

## Niagara Bathtub

Customized hydrotherapy bathtub with essential oils, to hydrate, tone and relax (20min) . . . . . **25€**

## Kneipp Shower

Hydrotherapy massage with a jet of water pressure, for anti-stress treatment and circulatory problems (15min) . . . . . **25€**

## Manicure

Base manicure without polish (30min) . . . . . **40€**

## Pedicure

Complete foot treatment, where we remove calluses, roughness. Includes massage (45min) . . . . . **60€**

## Depilation

. . . . . **Consult price**

# Spa packages and tickets

Adult spa entry.....	<b>20€</b>
Children (children's pool).....	<b>10€</b>

\*Please note that the use of caps and flip-flops is mandatory in our facilities

## Pamper yourself

Foot massage   Back massage   Hydrotherapy bath .....	<b>90€</b>
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## White sensation in La Collada

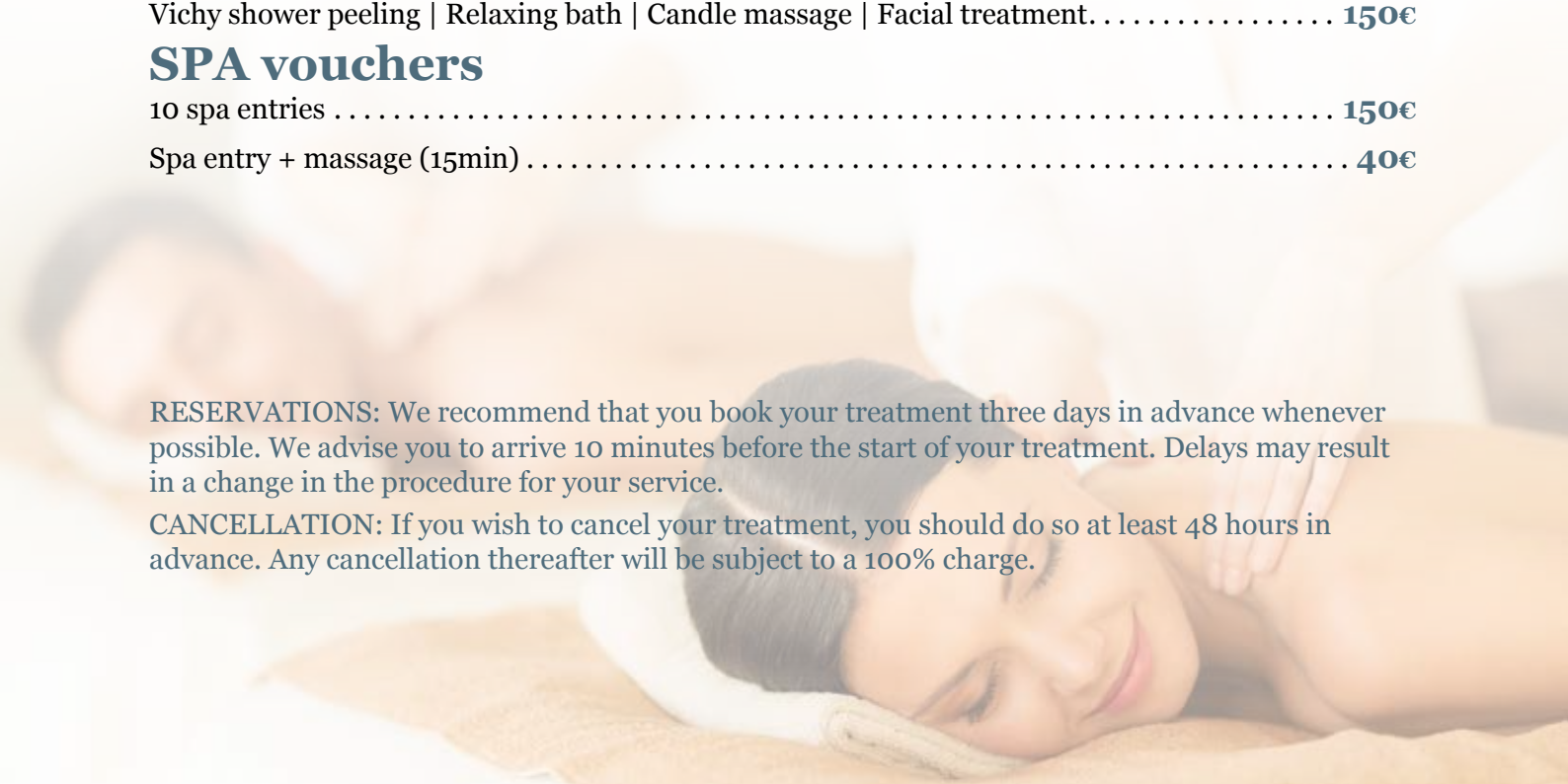
Vichy shower peeling   Relaxing bath   Candle massage   Facial treatment.....	<b>150€</b>
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## SPA vouchers

10 spa entries .....	<b>150€</b>
Spa entry + massage (15min) .....	<b>40€</b>

**RESERVATIONS:** We recommend that you book your treatment three days in advance whenever possible. We advise you to arrive 10 minutes before the start of your treatment. Delays may result in a change in the procedure for your service.

**CANCELLATION:** If you wish to cancel your treatment, you should do so at least 48 hours in advance. Any cancellation thereafter will be subject to a 100% charge.





La   
Collada <sup>★★★★</sup>  
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